# WONDER VALLEY

# THE ROUND-UP

Today's round up is a Down East tour of our favorite spots in Maine, our other home.

#### **VOLUME 64**



#### **ZAO ZE**

Started as a pop-up last summer, Zao Ze is part cafe part Asian grocer with produce grown on-site in their aquaponic greenhouse. The name translates to morning place, and it's our favorite place to start the day with their steamed buns and lotus leaf-wrapped chicken loaded with chili oil.

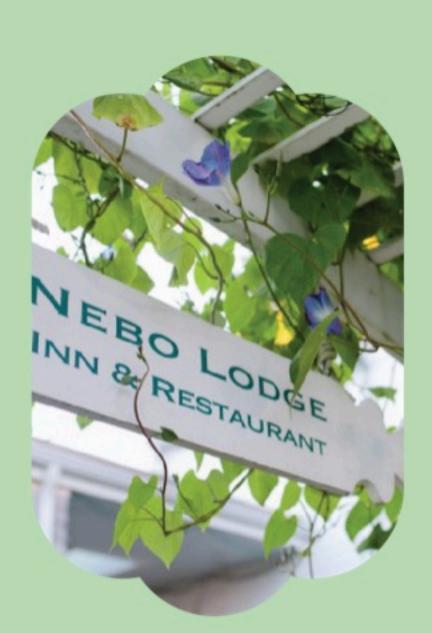
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### MARSTON HOUSE

The 90-minute ferry ride to
Vinalhaven alone is an experience
in itself on the road to Marston
House. Our dear friends Paul &
Sharon split their time between
this stunning granite island and
the South of France where they
source antiques like one of a kind
textiles, clothing, and homeware
for their perfectly curated shop.
Our world is so much more

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beautiful because of these two.



#### **NEBO LODGE**

A short skiff ride from
Vinalhaven is the neighboring
island, North Haven. Biking
around this sleepy island is
incredible, like living in a Wyeth
painting. Nebo Lodge is a
charming inn in a grand old home
right in the middle of town.
Enjoy oysters and cocktails on
the first floor restaurant or
take an easy walk to
Calderwood Hall for wood-fired
pizzas.

## WINDOW OF THE SKY

Friend of the Valley, Care

Motika has a space for her

acupunture practice in Rockland

but up the coast in Belfast is

her seasonal ivy-covered shop

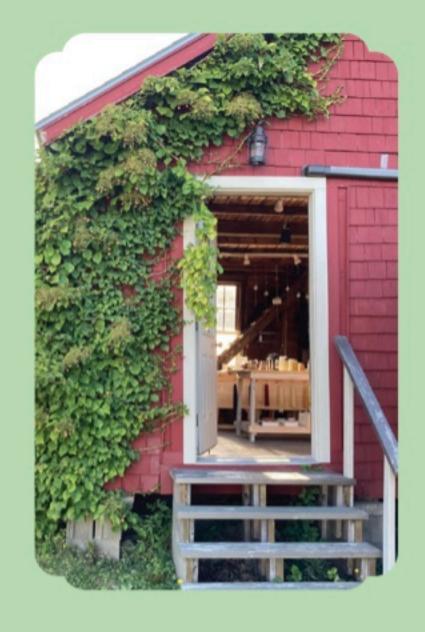
featuring home and wellness

products made by small brands

- including ours and our sister

brand, Al's Big Deal.

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#### **CHASE'S DAILY**

Best experienced peak summer during a market day when the back room of this cafe turns into a a farmer's market showcasing the absolute best produce the state has to offer and huge arrangements of flowers.

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